



Why Not Me?

An Inspiring True Story of Survival

2 GREEN APPLES



Dr. Vida Meymand



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A book of awakening and self-discovery, *Why Not Me?* reveals secrets of surviving breast cancer by empowering the mind and engaging an 'inner self' to achieve optimal healing. Dr. Vida Meymand is a breast cancer survivor, a woman of unforgettable courage and strength who initiates positive thought patterns, channels creative energies, and eats a focused nutritious diet prepared by the "Organic Iron Chef." She shares recipes to heal mind, body and soul.

In the darkness of sleepless nights during cancer treatment, Dr. Meymand envisioned a foundation to assist women with affording proper breast cancer treatment, and conceived and established the foundation 2 Green Apples, inc. Delivered into a newness of life with a purified soul, her journey illustrates how her experience with breast cancer physically hurt her, yet spiritually healed her. Vida finds the courage to accept her own imperfections, achieves inner peace and harmony, and now reaches out to help others achieve the same and more.

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