

BRUCE VAUGHAN DC, FICC

CHIROPRACTOR & AUTHOR OF *THE BASIC APPROACH TO SOT, CATEGORY I, II & III*



Dr. Bruce Vaughan graduated from Palmer College of Chiropractic in 1966 and has practiced in Hong Kong ever since. He is the founder and was the President for many years of the Hong Kong Chiropractors Association. He served on the World Federation of Chiropractic Council for nineteen years representing Asia and was the President from 2000 - 2002. Bruce Vaughan still practices as the senior partner of Drs. B. S. Vaughan & Associates (Chiropractors). He is the author of four other books and enjoys painting and gardening.

“Dr. Vaughan incorporates his years of clinical expertise with his understanding of SOT analysis and treatment. While it is easy to make SOT Categories complicated and difficult to learn the technique, the real skill he has perfected is a manner of presenting it that is easy to digest and assimilate.”

~ Dr. Charles Blum DC
Santa Monica, CA



THE BASIC APPROACH TO SOT CATEGORY I, II & III

Dr. Bruce Vaughan

This book is the result of several years of self study of the works of Dr. Major Bertrand De Jarnette, coupled with 44-years of chiropractic practice. Many notable SOT instructors and practitioners have contributed to my knowledge of SOT and have therefore, unknowingly, contributed to this book. This book is not intended to replace the very valuable hands-on training offered by the various SOT organizations around the world. Instead it is meant for the senior student or DC interested in this amazing approach to chiropractic called Sacro Occipital Technic (SOT).

With this book, the student or doctor of SOT gains an understanding of the analysis and treatment protocols that have been so successful in helping patients through difficult times and painful episodes of spinal origin. It is by no means

an exhaustive study, as there is so much more to SOT; however it is a start.

SOT goes beyond mere pain relief. It looks to the integrity and balance of the entire spine, corrects the cause of the imbalance as well as the myriad of secondary problems that can arise. Once you have become involved in this amazing approach you will find that it will answer those important questions:

- What is the cause of the patients' problem?
- What to do today?
- What not to do?
- When is it 'fixed'?

The hope for this book is to spark an interest in this fascinating approach to Chiropractic. I am confident that once you master SOT you will never look back.

~ Dr. Bruce Vaughan

Book Features

- * CHUNKING
- * PATIENT ANALYSIS
- * INTERPRETING TESTS
- * CATEGORY I, II, III DEFINED
- * CATEGORY I, II, III CORRECTION
- * CATEGORY II REHABILITATION
- * THE OCCIPITAL LINE TECHNIQUE
- * THE ART OF MUSCLE TESTING
- * FLOW CHARTS

www.brucevaughan.com
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